

ADVERT FOR NEW TRUSTEES

MAKE A DIFFERENCE- JOIN US AS A TRUSTEE!

Do you know someone living with MS, another neurological or long term health condition? In particular, did you know that there are over 1 million people in Scotland with a neurological condition alone (approximately one in five of us)?

We are a well-established Lothian-wide charity which empowers person-centred self-management support for people living with many different long-term health conditions in a community-based health and wellbeing Centre. We offer continuity of support through a range of specialist services (including physiotherapy), practical activities, oxygen therapy, alternative therapies, information and advice.

Despite the challenges COVID-19 has brought, we have responded well, and this remains an exciting period in the development and transformation of our charity. We are currently seeking the energetic input of individuals who are motivated by our vision and aims and who are able to add value to the work of our Board:

1. To continue to be holistic in our approach, provide continuity of support, with a range of self-management activity options, ensuring that they are inclusive, accessible and affordable, thereby reducing barriers to health and inclusion, and expanding the diversification of our client group.
2. To create a new community-based health and wellbeing centre, located in a geography supported by an established community of interest, to allow us to continue to build community relationships and social capital
3. To leverage health and social partnerships of strategic importance - addressing priority areas such as: promoting healthy lifestyles; reducing isolation and loneliness; tackling health inequalities and building strong inclusive communities.

Experience in finance/accountancy, business, healthcare, fundraising/revenue generation, digital skills or communications/marketing would be particularly useful, but they are by no means the only qualities we are looking for - most importantly we need your drive and enthusiasm. This is an opportunity for anyone wishing to personally or professionally develop themselves or to contribute skills and experience in the community. We also welcome applications from young people or those interested in applying for their first trusteeship. Appropriate support, including training, will be given.

This is a voluntary position but one which we hope will be very rewarding. We would hope to appoint to an initial three year term. Reasonable and proper expenses will be reimbursed.

If you would like to find out more, please visit our website www.mstc-lothian.org.uk or email to administrator@mstc-lothian.org.uk .